

# ALTITUDE FITNESS

- PRIVATE TRAINING
- SMALL GROUP CLASSES
- FITNESS CLASSES
- NUTRITION COUNSELING
- YOUTH TRAINING
- OPEN GYM

Mon-Fri: 5am - 9:30pm  
Sat: 6am - 6pm  
Sun: 6am - 12pm

**LARAMIE'S PREMIER DESTINATION FOR  
HEALTH, FITNESS, & SPORTS PERFORMANCE**

**LEGEND  
FITNESS**

*LifeFitness*

**ROGUE**

**HAMMER  
STRENGTH**

**TRX**

## Our Exclusive, Upscale Amenities Include:

- 10,000+ square feet
- 90ft x 30ft of indoor padded turf (2700 sq. Ft.)
- 20ft x 12ft masonry medicine ball wall
- Full line of plate loaded Hammer Strength equipment
- 10,000+ lbs. of Rubber coated UMAX plates
- 5-150lb Custom Rubber Coated Dumbbells
- Pro-Series Olympic Benches – Flat (3), Incline (1), Decline (1), Military Press (1)
- 4 – Legend Fitness Pro-Series Half Cage with platforms
- 2 – Legend Fitness Full Cages
- 2 – Stand-alone platforms
- 2 – Smith Machines
- Legend Fitness cable crossover combo jungle
- Legend Fitness functional trainer

## Cardio line including:

- 6 treadmills, 4 ellipticals, 3 upright, and 3 recumbent bicycles by Life Fitness
- 2 Concept-2 rowers
- Stair Master
- Schwinn Airdyne bike
- Complete with televisions

**Safe & Clean  
Environment**

## 2 Group Fitness Studios:

- ALL Fitness & Wellness Classes are INCLUDED with membership
- 15-17 classes offered per week

## Private Pilates Studio



- Mat & Reformer classes as well as private training
- 10-12 classes offered per week

## Strength and Conditioning:

- 75-80 classes offered per week
- Programming designed by our Certified Personal Trainers

**Staff committed to providing our  
members the highest level of service**

## High-end efficient locker rooms with:

- Designer lockers
- Custom tile
- Granite sinks
- Polished concrete floors
- Private walled toilet stalls
- Private showers with changing space

[getfit@altitudefitness307.com](mailto:getfit@altitudefitness307.com)

[www.altitudefitness307.com](http://www.altitudefitness307.com)

**CALL US ANYTIME**

**307-460-3414**



# PRICES

**MEMBERSHIPS INCLUDE OPEN ACCESS TO ALL EQUIPMENT, LOCKER ROOMS, FITNESS & WELLNESS CLASSES, AND AMENITIES DURING OPERATIONAL HOURS.**

## **MONTHLY MEMBERSHIP:**

- \$48 MONTH – MONTH TO MONTH MEMBERSHIP + \$25 ONE TIME REGISTRATION FEE (Auto-payment set-up is required)

## **ANNUAL MEMBERSHIP:**

- \$475 PAID UP-FRONT IN ONE PAYMENT, REGISTRATION FEE WAIVED

## **ELITE MEMBERSHIP:**

- \$3000 IF PAID UP-FRONT IN ONE PAYMENT, REGISTRATION FEE WAIVED
- \$4000 IF PAID IN 4 EQUAL PAYMENTS OF \$1000 IN THE FIRST 4 MONTHS AFTER SIGN-UP (Registration Fee Waived, Auto-Payment set-up required)

## **MEMBERSHIP DISCOUNTS:**

- HERO - 10% DISCOUNT FOR MILITARY, FIRE, POLICE, EDUCATORS (WITH VALID ID)
- CLASSIC - 10% DISCOUNT FOR 60+ (WITH VALID ID)
- CORPORATE - WE HAVE PARTNERED WITH MANY LOCAL BUSINESS FOR REDUCED RATES
- FAMILY DISCOUNT - FIRST MEMBER PAYS FULL PRICE, SECOND MEMBER RECEIVES 10% DISCOUNT, AND EVERY MEMBER AFTER THAT RECEIVES A 15% DISCOUNT OFF THEIR MEMBERSHIP (Members must live in the same household to qualify)

## **STRENGTH & CONDITIONING CLASSES**

S&C Classes are exclusively for members of Altitude Fitness and class packages are good for all Strength and Conditioning Classes. Programming varies throughout the year.

(Boot Camp, Strength Training, TRX, Master's Strength, Senior Strength, Competitor's Classes, HIIT, Olympic Weightlifting, Buns and Guns, and any additional Classes added to S&C Programming).

\*Clients will be able to mix and match, using these sessions on any combination of the S&C Classes.

**Elite, and highly qualified coaching staff with diverse backgrounds**



### **S&C CLASS PACKAGES –1 HOUR CLASSES**

- TRY ONE CLASS FOR FREE
- \$40 – 4 CLASSES (60 DAY EXPIRATION)
- \$80 – 8 CLASSES (60 DAY EXPIRATION)
- \$120 – 12 CLASSES (60 DAY EXPIRATION)
- \$200 – 20 CLASSES (60 DAY EXPIRATION)
- \$240 – 24 CLASSES (90 DAY EXPIRATION)
- \$324 – 36 CLASSES (90 DAY EXPIRATION) \*CLASSES DISCOUNTED TO \$9.00
- \$510 – 60 CLASSES (90 DAY EXPIRATION) \*CLASSES DISCOUNTED TO \$8.50



## **FITNESS & WELLNESS CLASSES**

F&W classes are INCLUDED with your Membership at Altitude Fitness:

Pilates, Yoga, Barre, Dance Fitness, Athletic Conditioning, Mobility, Tabata, AF Basics, FlexPress, Ab Attack, and any additional classes added to the F&W Programming. Programming varies throughout the year.

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**ALTITUDEFITNESS**  
STRENGTH PERFORMANCE WELLNESS